Invited Presentations

June, 2010
VA Hospital Endocrinology Lecture Series; Tampa, Florida
"Myths and Mischief in Nutritional and Pharmacological Recommendations for Patient Care"

April, 2011
USF Distinguished Lecture Series: “Dinner with a Scholar”
“Myths and Misinformation About Saturated Fat and Cholesterol: How Bad Science and Big Business Created the Obesity Epidemic”

June, 2011
J.A. Haley Veterans Hospital Endocrinology Lecture Series; Tampa, Florida
"Banting-Atkins Diet, Instead of Medication, as an Effective Treatment for Obesity, Heart Disease and Type II Diabetes”

May, 2012
Center for Obesity, Assessment, Study, and Treatment (COAST), University of California, San Francisco
“Myths and Deception in Research on Cholesterol and Dietary Fat: How Bad Science, Government Intervention and Big Business Contributed to the Obesity Epidemic”

November, 2012
Fourth International Conference on Cardiac Sciences, Al Ahsi, Saudi Arabia
Session Chair: Stress, Atherosclerosis and Coronary Heart Disease
Talk 1: “A Critical Appraisal of Current Dietary Guidelines: How Bad Science, Politics and Profits Contributed to the Obesity and Heart Disease Epidemics”

Talk 2: “A Rigorous Assessment of Claims that Cholesterol-Reducing Treatments are Safe and Effective at Reducing Cardiovascular Outcomes and Mortality”

April, 2013
Dept. of Biobehavioral Health and Pharmacology, Pennsylvania State University

September, 2013
Department of Internal Medicine, College of Medicine, Univ. of So. Dakota
“A Rigorous Assessment of Claims that Cholesterol-Reducing Treatments are Safe and Effective at Reducing Cardiovascular Events and Mortality”

October, 2013
Dept. of Psychology, University of South Florida
“Methodological Mischief in Diet and Cholesterol Research”

May, 2015
VA Hospital Endocrinology Lecture Series; Tampa, Florida
"How Deceptive Statistics Created the Appearance that Statins are Safe and Effective at Improving Cardiovascular Disease Outcomes”
July, 2015
Riga Diabetes & Obesity World Congress, Riga, Latvia
Lecture 1: “Deceptive Statistics have Created the False Appearance that Statins are Safe and Effective in the Treatment of Cardiovascular Disease”

November, 2015
Institute for Human & Machine Cognition, Ocala, Florida
“Demonization and Deception in Cholesterol Research: Separating Fact From Profitable Fiction”

January, 2016
University of South Florida, Tampa
1st Annual Conference on Nutritional Ketosis and Metabolic Therapeutics
“Myths and Misinformation on Dietary Fat, Obesity and Heart Disease – the Sordid History of the War on Saturated Fat”

February, 2016
International Cardiology & Cardiovascular Medicine Summit-2016
Dubai, United Arab Emirates
**Keynote Lecture:** A Rigorous Assessment Of Claims That Cholesterol-Reducing Treatments Are Safe And Effective At Reducing Cardiovascular Outcomes And Mortality
**Lecture 2:** Critical Appraisal Of Current Dietary Guidelines: How Bad Science, Politics and Profits Contributed To The Obesity and Heart Disease Epidemics

September, 2016
Fifth Global Symposium on Ketogenic Therapies, Banff, Canada
“Challenging Conventional “Wisdom” That a High Fat Diet is Hazardous to Health”

September, 2016
12th Congress of the International Society for the Study of Fatty Acids and Lipids; Stellenbosch University, Matieland, Stellenbosch, South Africa
“Sense and nonsense in the war on saturated fat”

February, 2017
University of South Florida, Tampa
2nd Annual Conference on Nutritional Ketosis and Metabolic Therapeutics
“A Rigorous Assessment of the Myths that Cholesterol Causes Cardiovascular Disease”

April, 2017
Nutricia Ketoconference 2017, London, England; Royal College of Physicians
“An Assessment of Myths on Cardiovascular Risks of a High Fat Diet”

May, 2017
Institute for Human & Machine Cognition, Pensacola, Florida
“Demonization and Deception in Cholesterol Research”

June, 2017
NYU Alumni Club Presents: An Evening with David Diamond, PhD
"Demonization and Deception in the War on Saturated Fat and Cholesterol.”
July, 2017  
VA Brain Heart Consortium Meeting, Columbia, South Carolina  
“Biomarkers, Animal Models, Treatments, and Controversy in PTSD and Heart Disease Research”

January, 2018  
Low Carb West Palm 2018  
“Demonization and Deception in Cholesterol Research”

March, 2018  
Low Carb Breckenridge 2018  
“An Assessment of Cardiovascular Risks of a Low Carbohydrate, High Fat Diet”

June, 2018  
VA Hospital Endocrinology Lecture Series; Tampa, Florida  
“Evidence-Based Dietary Guidance for Individuals with Type 2 Diabetes”

October, 2018  
Low Carb Houston 2018  
“A rigorous assessment of the myth that cholesterol causes heart disease”

January, 2019  
“Metabolic Health Summit”, Long Beach, California  
“Does an Elevation of LDL-Cholesterol with a Low Carbohydrate Diet Increase Risk for Cardiovascular Disease?”

March, 2019  
Fifth International Conference on Cardiac Sciences, Al Ahsi, Saudi Arabia  
“How Bad Science, Big Business and Politics Have Guided Dietary Guidelines”  
“Historical Perspective on How Serum Cholesterol has been Demonized”  
“Myths and Deception in Cholesterol Guidelines”

May, 2019  
Metabolic Health: A Solution to the Health Care Crisis, Seattle, Washington  
“An Assessment of Cardiovascular Risks of a Low Carbohydrate, High Fat Diet”

May, 2019  
Central Maine Heart and Vascular Institute, Lewiston Maine  
“A Rigorous Assessment of the Myth That Cholesterol Causes Heart Disease and that Cholesterol Reduction Improves Cardiovascular Outcomes”

August, 2019  
CrossFit Health Conference, Madison, Wisconsin  
“Demonization and Deception in Cholesterol Research: Separating Fact From Profitable Fiction”

August, 2019  
Second World Coconut Congress, Manila, Philippines  
“A Rigorous Assessment of the Myth That Consumption of Saturated Fat Causes Obesity and Heart Disease”

October, 2019  
Low Carb Houston, Houston, Texas  
“Does an Increase in LDL-C with Low Carbohydrate Diet Increase One’s Risk for Coronary Heart Disease?”
Diet and Heart Disease-Related Publications, Book Chapters and Letters to the Editor

Publications


**Book Chapters and Letters to the Editor**


