

Curriculum Vitae

**JONATHAN ROTTENBERG**

Department of Psychology  
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**Current Employment**

2015-

Professor, Department of Psychology  
University of South Florida

**Previous Employment**

2003-2009.

Assistant Professor, Department of Psychology  
University of South Florida

2010-2011

Visiting Scholar, Department of Clinical and Social Psychology  
Tilburg University, The Netherlands

2009-2015.

Associate Professor, Department of Psychology  
University of South Florida

**Education**

Ph.D., Psychology, Stanford University, 2003.

M.A., Psychology, Stanford University, 2000.

M.A., History, Johns Hopkins University, 1993.

B.A., *Magna cum Laude*, Social Studies, Harvard College, 1990.

Research interests: Emotion and psychopathology, with a focus on major depressive disorder; emotion research methodology; crying behavior.

## Honors and Awards

Phi Kappa Phi, Artist Scholar Award, University of South Florida, 2016.  
 Mentor Award, University of South Florida, Honors College, 2008.  
*Biological Psychology*, Top Reviewer, 2007.  
 College of Arts and Sciences, International Travel Grant Award, 2006.  
 Predoctoral Fellow, NIMH Consortium in Affective Science, 1999-2002.  
 Wisconsin Symposium on Emotion Travel Award, 2000 and 2001.  
 Stanford Graduate Research Award, (\$5000), 1998.  
 NIMH Personality Training Grant, Stanford Psychology Department, 1997-1999.  
 Dean of Arts and Sciences Teaching Award, Johns Hopkins University, 1994.  
 Harvard College Scholar, 1990.

## Association Memberships

Association for Psychological Science.  
 International Society for Research on Emotion.  
 Society for Research in Psychopathology (Full member).

## Research

### *Grants received*

University of South Florida, New Investigator Grant, "Cardiac Vagal Tone and the Course of Depression," Principal Investigator, 2005-2006. (\$10,000 direct costs).

National Institutes of Health, 1R21MH077669, "Vagal fluctuation as a predictor of current and future depression," Principal Investigator, 2008- 2010. (\$275,000 direct costs).

National Institutes of Health, 1R01MH084938, "Biobehavioral inflexibility and risk for juvenile-onset depression," Principal Investigator, 2009-2014. (\$3,251,541 direct costs).

National Institutes of Health, 1R01MH085722, "Psychiatric outcomes of children at high- and low-risk for depression: follow up," Co-Investigator. (PI: M. Kovacs), 2009-2014. (\$2,500,000 direct costs).

### *Publications*

1. Gotlib, I. H., & Rottenberg, J. (2001). The clinical psychology of depression. In N. J. Smelser & P. B. Baltes (Eds.). *International Encyclopedia of the Social and Behavioral Sciences*, (Vol 5, pp. 3511-3516). Oxford, England: Elsevier Science Ltd.

2. Kasch, K. L., Rottenberg, J., Arnow, B. A., & Gotlib, I. H. (2002). Behavioral activation and inhibition systems and the severity and course of depression. *Journal of Abnormal Psychology, 111*, 589-597.
3. Rottenberg, J., Gross, J. J., Wilhelm, F. H., Najmi, S., & Gotlib, I. H. (2002). Crying threshold and intensity in major depressive disorder. *Journal of Abnormal Psychology, 111*, 302-312.
4. Rottenberg, J., Kasch, K. L., Gross, J. J., & Gotlib, I. H. (2002). Sadness and amusement reactivity differentially predict concurrent and prospective functioning in major depressive disorder. *Emotion, 2*, 135-146.
5. Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2002). Respiratory sinus arrhythmia as a predictor of outcome in major depressive disorder. *Journal of Affective Disorders, 71*, 265-272.
6. Rottenberg, J., & Gross, J. J. (2003). When emotion goes wrong: Realizing the promise of affective science. *Clinical Psychology: Science and Practice, 10*, 227-232.
7. Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2003). Vagal rebound during resolution of tearful crying among depressed and nondepressed individuals. *Psychophysiology, 40*, 1-6.
8. Rottenberg, J., & Gotlib, I. H. (2004). Socioemotional functioning in depression. In M. Power (Ed.), *Mood disorders: A handbook of science and practice*. (pp. 61-77). New York: Wiley.
9. Rottenberg, J. (2005). Mood and emotion in major depression. *Current Directions in Psychological Science, 14*, 167-170.
10. Rottenberg, J., Gross, J.J., & Gotlib, I. H. (2005). Emotion context insensitivity in major depressive disorder. *Journal of Abnormal Psychology, 114*, 627-639.
11. Rottenberg, J., Joormann, J., Brozovich, F., & Gotlib, I.H. (2005). Emotional intensity of idiographic sad memories in depression predicts symptom levels one year later. *Emotion, 5*, 238-242.
12. Rottenberg, J., Salomon, K., Gross, J.J., & Gotlib, I.H. (2005). Vagal withdrawal to a sad film predicts recovery from depression. *Psychophysiology, 42*, 277-281.
13. Peeters, F., Berkhof, J., Delespaul, P., Rottenberg, J., & Nicolson, N.A. (2006). Diurnal mood variation in major depressive disorder. *Emotion, 6*, 383-391.
14. Rottenberg, J., Hildner, J.C., & Gotlib, I. H. (2006). Idiographic autobiographical memories in major depressive disorder. *Cognition & Emotion, 20*, 114-128.

15. Chentsova-Dutton, Y. E., Chu, J. P., Tsai, J.L., Rottenberg, J., Gross, J.J., & Gotlib, I. H. (2007). Depression and emotional reactivity: Variation in Asian Americans of East Asian descent and European Americans. *Journal of Abnormal Psychology, 116*, 776-785.
16. Hendriks, M. C. P., Rottenberg, J., & Vingerhoets, A. J. J. M. (2007). Can the distress-signal and arousal-reduction views of crying be reconciled? Evidence from the cardiovascular system. *Emotion, 7*, 458- 463.
17. Rottenberg, J. (2007). Cardiac vagal control in depression: A critical analysis. *Biological Psychology, 74*, 200-211.
18. Rottenberg, J. (2007). Major depressive disorder: Emerging evidence for emotion context insensitivity. In J. Rottenberg & S. L. Johnson (Eds.), *Emotion and psychopathology: Bridging affective and clinical science*. (pp. 151-166). Washington, D.C.: APA Books.
19. Rottenberg, J., Chambers, A., Allen, J.J.B, & Manber, R. (2007). Cardiac vagal control in the severity and course of depression: The importance of symptomatic heterogeneity. *Journal of Affective Disorders, 103*, 173-179.
20. Rottenberg, J., Clift, A., & Bolden, S., & Salomon, K. (2007). RSA fluctuation in major depressive disorder. *Psychophysiology, 44*, 450-458.
21. Rottenberg, J., & Gross, J.J. (2007). Emotion and emotion regulation: A map for psychotherapy researchers. *Clinical Psychology: Science and Practice, 14*, 323-328.
22. Rottenberg, J., & Johnson, S. L. (Eds.) (2007). *Emotion and psychopathology: Bridging affective and clinical science*. Washington, D.C.: APA Books.
23. Rottenberg, J., & Ray, R. D., & Gross, J. J. (2007). Emotion elicitation using films. In J. A. Coan & J. J. B. Allen (Eds.), *The handbook of emotion elicitation and assessment*. (pp. 9-28). London: Oxford University Press.
24. Vingerhoets, A. J. J. M., Rottenberg, J., Cevaal, A., & Nelson, J.K. (2007). Is there a relationship between depression and crying? A review. *Acta Psychiatrica Scandinavica, 115*, 340-351.
25. Bylsma, L. M., Morris, B. H., & Rottenberg, J. (2008). A meta-analysis of emotional reactivity in major depressive disorder. *Clinical Psychology Review, 28*, 676-691.
26. Bylsma, L. M., Vingerhoets, A. J. J. M., & Rottenberg, J. (2008). When is crying cathartic?: An international study. *Journal of Social and Clinical Psychology, 27*, 1080-1102.

27. Rottenberg, J., Bylsma, L.M., Wolvin, V., & Vingerhoets, A. J. J. M. (2008). Tears of sorrow, tears of joy: An individual differences approach to crying in Dutch females. *Personality and Individual Differences, 45*, 367-372.
28. Rottenberg, J., Bylsma, L. M., & Vingerhoets, A. J. J. M. (2008). Is crying beneficial? *Current Directions in Psychological Science, 17*, 400-404.
29. Rottenberg, J., Cevaal, A., & Vingerhoets, A. J.J.M. (2008). Do mood disorders alter crying? A pilot investigation. *Depression and Anxiety, 25*. E9-E-15.
30. Rottenberg, J. & Vaughan, C. (2008). Emotion expression in depression: Emerging evidence for emotion context-insensitivity. in A. J. J. M. Vingerhoets, I. Nyklcek, J. Denollet (Eds.), *Emotion Regulation: Conceptual and Clinical Issues*. (pp. 125-139). Springer.
31. Kovacs, M., Rottenberg, J., & George, C. (2009). Maladaptive mood repair responses distinguish young adults with early onset depressive disorders and predict future depressive outcomes. *Psychological Medicine, 39*, 1841-1854.
32. Morris, B. H., Bylsma, L. M., & Rottenberg, J. (2009). Does emotion predict the course of major depressive disorder? A review of prospective studies. *British Journal of Clinical Psychology, 48*, 255-273.
33. Salomon, K., Clift, A., Karlsdóttir, M., & Rottenberg, J. (2009). Major depressive disorder is associated with attenuated cardiovascular reactivity and impaired recovery in those free of cardiovascular disease. *Health Psychology, 28*, 157-165.
34. Vingerhoets, A.J.J.M., Bylsma, L., & Rottenberg, J. (2009). Crying: a biopsychosocial phenomenon. In: Thorsten Fögen (ed.), *Tears in the Graeco-Roman World*. (pp. 439-475). Berlin & New York: de Gruyter
35. Bower, B., Bylsma, L. M., Morris, B. H., & Rottenberg, J. (2010). Poor reported sleep quality predicts low positive affect in daily life among healthy and mood-disordered persons. *Journal of Sleep Research, 19*, 323-332.
36. Kashdan, T.B., & Rottenberg, J. (2010). Psychological flexibility as a fundamental aspect of health. *Clinical Psychology Review*.
37. Peeters, F., Berkhof J., Rottenberg, J., & Nicolson, N. (2010). Ambulatory emotional reactivity to negative daily life events predicts recovery from major depressive disorder. *Behavioral Research and Therapy, 48*, 264-270.
38. Bylsma, L.M., Clift, A.T., & Rottenberg, J. (2011). Emotional reactivity to daily events in major and minor depression. *Journal of Abnormal Psychology, 120*, 155-167.

39. Bylsma, L. M., & Rottenberg, J. (2011). Uncovering the dynamics of emotion regulation and dysfunction in daily life with ecological momentary assessment. In I. Nyklicek, A. J. J. M. Vingerhoets, & M. Zeelenberg (Eds.), *Emotion regulation and well-Being* (Part 3, pp. 225–244). New York, NY: Springer.
40. Taylor-Clift, A., Morris, B.H., Rottenberg, J., & Kovacs, M. (2011). Emotion-modulated startle in anxiety disorders is blunted by comorbid depressive episodes. *Psychological Medicine, 41*, 129-139.
41. Bylsma, L.M., Rottenberg, J., Croon, M.A., & Vingerhoets, A.J.J.M. (2011). When and for whom does crying improve mood? A daily diary study of 1004 crying episodes. *Journal of Research in Personality, 45*, 385-392.
42. Rottenberg, J., & Vingerhoets, A.J.J.M. (2012). Crying: Call for a developmental lifespan approach. *Personality and Social Psychology Compass, 6*, 217-227.
43. Genzler, A. L., Rottenberg J., Kovacs, M., George, C., & Morey, J. (2012). Atypical development of resting respiratory sinus arrhythmia in children at high risk for depression. *Developmental Psychobiology, 54*, 556-567.
44. Salomon, K., White, K.E., Bylsma, L.M., Panaite, V., & Rottenberg, J. (2013). Is blunted cardiovascular reactivity in depression mood-state dependent? A comparison of major depressive disorder, remitted depression and healthy controls. *International Journal of Psychophysiology, 90*, 50-57.
45. Yaroslavsky, I., Bylsma, L. M., Rottenberg, J., & Kovacs, M. (2013). Combinations of resting RSA and RSA reactivity impact maladaptive mood repair and depression symptoms, *94, Biological Psychology, 272-281*.
46. Yaroslavsky, I., Rottenberg, J., & Kovacs, M. (2013). The utility of combining RSA indices in depression prediction. *Journal of Abnormal Psychology, 122*, 314-321.
47. Morris, B. H., McGrath, A.C., Goldman, M.S., Rottenberg, J. (2014). Parental depression confers greater prospective depression risk to females than males in emerging adulthood. *Child Psychiatry and Human Development, 45*, 78-89.
48. Rottenberg, J. (2014). *The depths: The evolutionary origins of the depression epidemic*. New York: Basic Books.
49. Rottenberg, J., Yaroslavsky, I., Carney R. M., Freedland, K.E., George, C.J., Baji, I., Dochnal, R., Gádoros, J., Halas, K., Kapornai, K., Kiss, E., Osváth, V., Varga, J., Vetró, A., Kovacs, M. (2014). The association between major depressive disorder in childhood and risk factors for cardiovascular disorder in adolescence. *Psychosomatic Medicine, 76*, 122-127.

50. Bylsma, L.M., Salomon, K., Clift, A.T., Morris, B.H., & Rottenberg, J. (2014). Respiratory sinus arrhythmia reactivity in current and remitted major depressive disorder. *Psychosomatic Medicine*, 76, 66-73.
51. Rottenberg, J. & Bylsma, L. M. (2014). Emotional functioning in depression. In Gotlib, I. H., & Hammen, C. L. (Eds). *Handbook of depression*. New York: Guilford Press.
52. Yaroslavsky I., Rottenberg, J, & Kovacs, M. (2014). Atypical RSA patterns index a depression endophenotype. *Development and Psychopathology*. 26, 1337-1352.
53. Bylsma, L. M., Yaroslavsky, I., Rottenberg, J., Jennings, J. R., Kiss, E., Kapornai, K., Halas, K., Dochnal, R., Lefkovich, E., Baji, I., Vetró, A., & Kovacs, M. (2015). Juvenile onset depression alters cardiac autonomic balance in response to psychological and physical challenges. *Biological Psychology*, 110, 167-174.
54. Kovacs, M., Yaroslavsky I., Rottenberg, J., George, C. J., Baji, I., Benák, I., Dochnal R., Halas K., Kapornai K., Kiss, E., Osváth, V., Varga, H., & Vetró, A. (2015). Mood repair via attention refocusing or recall of positive memories among adolescents with pediatric-onset major depression. *Journal of Child Psychology and Psychiatry*, 56, 1108-1117.
55. Kashdan, T.B., Rottenberg, J., Goodman, F.R., Disabato, D.J., & Begovic, E. (2015). Lumping and splitting in the study of meaning in life: Thoughts on surfing, surgery, scents, and sermons. *Psychological Inquiry*, 26, 336-342.
56. Panaite, V., Salomon, K., Jin, A., & Rottenberg, J. (2015). Cardiovascular recovery from psychological and physiological challenge and risk for adverse cardiovascular outcomes and all-cause mortality. *Psychosomatic Medicine*, 77, 215-226.
57. Morris, B., Bylsma, L., Yaroslavsky, I., Kovacs, M. & Rottenberg, J. (2015). Reward learning in pediatric depression and anxiety: Preliminary findings in a high risk sample. *Depression and Anxiety*, 32, 373-381.
58. Morris, B.H., & Rottenberg, J. (2015). Heightened reward learning under stress predicts depression resistance among anxious individuals. *Journal of Abnormal Psychology*, 124, 115-127.
59. Rottenberg, J., & Cowden Hindash, A. (2015). Emerging evidence for emotion context insensitivity in depression. *Current Opinion in Psychology*, 1, 1-5.
60. Bylsma, L.M., Mauss, I.B., Rottenberg, J. (2016). "Is the divide a chasm? Bridging affective science with clinical practice" *Journal of Psychopathology & Behavioral Assessment*. 38, 42-47.

61. Bylsma, L. M., Yaroslavsky, I., Rottenberg, J., Kiss, E., Kapornai, K., Halas, K., ... & Kovacs, M. (2016). Familiarity of mood repair responses among youth with and without histories of depression. *Cognition and Emotion*. 30, 807-816.
62. Kovacs, M., Yaroslavsky, I., Rottenberg, J., George, C. J., Kiss, E., Halas, K., Dochnal, R., Benak, I., Baji, I., Vetro, A., Makai, A., & Kapornai, K. (2016). Maladaptive mood repair, atypical respiratory sinus arrhythmia, and risk of a recurrent major depressive episode among adolescents with prior major depression. *Psychological Medicine*, 46, 2109–2119.
63. Kovacs, M., Bylsma, L. M, Yaroslavsky, I., Rottenberg, J., George, C. J., Kiss, E., Halas, K., Benák, I., Baji, I., Vetro, A., & Kapornai, K. (2016). Positive affectivity is dampened in youths with histories of major depression and their never-depressed adolescent siblings. *Psychological Clinical Science*. 4, 661-674.
64. Panaite, V., Hindash, A.C., Bylsma, L.M., Small, B., J., Salomon, K., & Rottenberg, J. (2016). Respiratory sinus arrhythmia reactivity to a sad film predicts depression symptom improvement and symptomatic trajectory. *International Journal of Psychophysiology*. 99, 108-113.
65. Seeley, S. H., Mennin, D.S., Aldao, A., McLaughlin, K. A., Rottenberg, J., & Fresco, D. M. (2016). Impact of comorbid depressive disorders on subjective and physiological responses to emotion in generalized anxiety disorder. *Cognitive Therapy and Research*, 40, 290-303.
66. Yaroslavsky, I. Rottenberg, J., Bylsma, L.M., Jennings, J.R., George, C., ...Kovacs., M.. (2016). Parasympathetic nervous system activity predicts mood repair use and its effectiveness among adolescents with and without histories of major depression *Journal of Abnormal Psychology*. 125, 323-336.
67. Cowden Hindash, A., & Rottenberg, J. (in press). Turning quickly on myself: Automatic interpretation biases in dysphoria are self referent. *Cognition and Emotion*
68. O’Leary, K., Bylsma, L.M., & Rottenberg, J. (in press). Why might poor sleep quality lead to depression? A role for emotion regulation. *Cognition and Emotion*.
69. O’Leary, K., Small, B., Panaite, V., Bylsma, L. M., & Rottenberg, J. (in press): Sleep quality in healthy and mood-disordered persons predicts daily life emotional reactivity. *Cognition and Emotion*.
70. Rottenberg, J. (in press). Emotions in depression: What do we really know? *Annual Review of Clinical Psychology*.

*Conference papers and invited talks*



- Rottenberg, J. (2014). *The Paradox of Emotion in Depression: Towards Synthesis*. Invited colloquium presented at the Department of Psychology, Yale University, October, 2014.
- Rottenberg, J. (2014). *Can we stop the depression epidemic?* Invited talk presented at Mind Matters, Yale University. (October, 2014).
- Rottenberg, J. (2014). *Can we stop the depression epidemic?* Invited talk presented at the Festival of Reading, St, Petersburg, FL. (October, 2014).
- Rottenberg, J. (2014). *Can we stop the depression epidemic?* Invited talk presented at the AnxietyNow Summit (June, 2014).
- Yaroslavsky, I., Rottenberg, J., Bylsma, L.M., Kovacs, M. (2014, May). *Parasympathetic nervous system activity predicts emotion regulation use and effectiveness in an adolescent sample*. Paper at the Association for Psychological Science Annual Meeting, San Francisco, CA.
- Rottenberg, J. (2012). *The Paradox of Emotion in Depression: Towards Synthesis*. Invited colloquium presented at the Department of Psychology, Northwestern University, February, 2012.
- Rottenberg, J. (2011). *The Riddle of Emotional Expression in Depression*. Keynote address presented at the International Conference on The (Non)Expression of Emotions in Health and Disease, Tilburg, The Netherlands, October, 2011.
- Salomon, K., Bylsma, L. M., Rottenberg, J. (2011). Blunted respiratory sinus arrhythmia reactivity in major depressive disorder marks the depressed state. In W. D'Andrea & G. J. Siegle (chairs), *Blunted affect: The other side of physiological reactivity in psychopathology*. Symposium presented at the Annual Meeting of the Society for Psychophysiological Research, Boston, MA, September, 2011.
- Bylsma, L. M., Mennin, D., Salomon, K. & Rottenberg, J. (November, 2011). A meta-analysis of respiratory sinus arrhythmia in anxiety disorders. In J. J. Flynn & David M. Fresco, *Psychophysiological biomarkers of distress disorders: Improving diagnostic classification and informing treatment*. Symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Bylsma, L. M. & Rottenberg, J. (November, 2011). Emotional reactivity and regulation in current and remitted depression: an event related potentials study. In A. Aldao & K. L. Dixon-Gordon (chairs), *How we think about how we feel: Beliefs about emotions and emotion regulation*. Symposium presented at the Annual Meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

- Bylsma, L. M., & Rottenberg, J. (October 2011). Changes In Reported Crying Frequency Predict Depressive Symptoms Over 6 Months. In A. J. J. M. Vingerhoets (chair), *Crying: Unraveling the mysteries of tears*. Symposium presented at the 5th International Conference on The (Non) Expression of Emotions in Health and Disease, Tilburg, The Netherlands.
- Bylsma, L. M., & Rottenberg, J. (October 2011). High Positive Affective Variability In Everyday Life Predicts Depression Remission. In F. Peeters & L. M. Bylsma (chairs), *The role of emotions in the prediction of the future course of mood disorders*. Symposium presented at the 5th International Conference on The (Non) Expression of Emotions in Health and Disease, Tilburg, The Netherlands.
- Rottenberg, J. (2011). *How depression starts*. Invited talk presented at the Maastricht Center for Community Mental Health, January, 2011.
- Rottenberg, J. (2010). *Emotion context insensitivity in depression: Extensions and anomalies*. Invited talk presented at the Department of Medical Psychology, Tilburg University, December, 2010.
- Rottenberg, J. (2010, October). *Depression is depression, Isn't it?: The case of bereavement*. Invited talk presented at the Department of Clinical and Social Psychology, Tilburg University, Tilburg, The Netherlands.
- Rottenberg, J. (2009, August). *Emotion context insensitivity in depression: Extensions and anomalies*. Paper presented at the International Society for Research on Emotion, Leuven, Belgium.
- Salomon, K., Bylsma, L.M., Karlsdóttir, M. & Rottenberg, J. (2008, March). *Brief slow-breathing training over 1 week decreases heart rate and blood pressure responses during stress*. Paper presentation at the Annual Scientific Conference of the American Psychosomatic Society, Baltimore, Maryland.
- Rottenberg, J. (2008, February). *The tar pit: Biobehavioral inflexibility in depression*. Invited colloquium, Department of Psychology, University of California, Irvine.
- Rottenberg, J. (2008, February). *Does diminished emotional reactivity predict a more pernicious course of depression?* Paper presented at the Emotion Pre-Conference of the Annual Meeting of the Society for Personality and Social Psychology, Albuquerque, New Mexico.
- Bylsma, L. M., Vingerhoets, A. J. J. M., Rottenberg, J. (2007, October). *When is crying cathartic? An international study*. Paper presented at the Fourth International Conference on The (Non)Expression of Emotions in Health and Disease, Tilburg, The Netherlands.

- Rottenberg, J. (2007, April). *Crying in human adults: Towards a research agenda*. Paper presented at the Annual Meeting of the Emotion Research Group, Point Reyes, California.
- Rottenberg, J. (2007, April). *Emotion context insensitivity in depression: Evidence and implications*. Invited colloquium, Department of Psychology, University of North Carolina, Greensborough.
- Vingerhoets, A. J. J. M., & Rottenberg, J. (2006, September). *Depression and crying: A review of the literature*. Paper presented at the European Conference of Psychosomatic Research, Cavtat-Dubrovnik, Croatia. Abstract published *Journal of Psychosomatic Research*, 2006, 61(3), 399-400
- Rottenberg, J. (2006, April). *Mood and emotion in major depression: (Still) more questions than answers*. Paper presented at the Annual Meeting of the Emotion Research Group, Miami, Florida.
- Salomon, K., Rottenberg, J., Clift, A., & Rieger, K. (2006, March). *Blunted RSA reactivity and recovery in major depressive disorder*. Paper presented at the Annual Meeting of the American Psychosomatic Society, Denver, Colorado.
- Rottenberg, J. (2005, May). *Does crying promote homeostasis?: Reconciling the distress signal and arousal-reduction views*. Paper presented at the annual meeting of the American Psychological Society, Los Angeles, California.
- Rottenberg, J. (2005, February). *The rise and fall of emotion in depression*. Paper at program seminar on depression and quality of life. Sponsored by Research Institute for Psychology and Health, Utrecht, the Netherlands.
- Rottenberg, J. (2004, November). *Memory for emotional autobiographical events in depression: Whatever happened to mood-congruency?* (Symposium Co-chair) Emotion and its (Dys)regulation in Depression and Generalized Anxiety Disorder: The role of rumination and autobiographical recall. Paper presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, New Orleans, Louisiana.
- Rottenberg, J. (2004, May). *Emotion context-insensitivity in depression*. Invited paper presented at the annual meeting of the American Psychological Society, Chicago, Illinois.

- Rottenberg, J. (2003-2002). *The rise and fall of emotion in depression*. Invited colloquium presented to the Departments of Psychology, University of South Florida, Tampa, Florida, February, 2003; University of New South Wales, Sydney, Australia, February, 2003; University of California, Riverside, February, 2003; Queen's University, Kingston, Ontario, January, 2003; Florida State University, Tallahassee, Florida, December, 2002; University of Queensland, Brisbane, Australia, December, 2002.
- Rottenberg, J. (2002, August). *Towards the study of affective decay*. Presentation at the annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, California.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., & Gotlib, I. H. (2002, March). *The psychophysiology of tearful crying in major depressive disorder*. Paper presented at the annual meeting of the American Psychosomatic Society, Barcelona, Spain.
- Rottenberg, J. (2002). *Emotion and mood in major depression*. Invited colloquium presented to the Departments of Psychology, Harvard University, Cambridge, Massachusetts, March, 2002; Yale University, New Haven, Connecticut, January, 2002; University of Miami, Coral Gables, Florida, January, 2002.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., & Gotlib, I. H. (2001, October). *Emotion dysregulation in depression: Experiential, behavioral, and cardiovascular responses to emotionally evocative stimuli*. Paper presented at the annual meeting of the Society for Psychophysiological Research, Montreal, Canada.
- Rottenberg, J. (2001, July). *Sadness and amusement reactivity in depression*. Presentation at the annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, California.
- Rottenberg, J. (2000, July). *The puzzle of emotional reactivity in depression: Clues from the psychophysiology of sadness and crying*. Presentation at the annual meeting of the National Institute of Mental Health Bay Area Consortium in Affective Science, Berkeley, California.

#### *Conference posters*

- O'Leary, K., Panaite, V., Bylsma, L.M., & Rottenberg, J. (2014, May). *Poorer sleep quality affects daily life emotional reactivity in depressed and healthy subjects*. Poster at the Association for Psychological Science Annual Meeting, San Francisco, CA.

- Panaite, V., Bylsma, L.M., Cowden-Hindash, A., Rottenberg, J., Salomon, K. (2014, May). *Respiratory sinus arrhythmia reactivity to a sad film and a speech stressor predicts depression symptom improvement over 30 weeks*. Poster at the Association for Psychological Science Annual Meeting, San Francisco, CA.
- Begovic, E., Panaite, V., Kovacs, M., & Rottenberg, J. (2013, September). *Deficits in the recall of positive autobiographical memories: Relationship to childhood-onset depression and mood repair*. Poster at the 27<sup>th</sup> Annual Meeting of the Society for Research in Psychopathology, Oakland, CA.
- Panaite, V., Bylsma, L. M., Przystawik, K., Salomon, K. & Rottenberg, J. (September, 2013). *Emotion regulation and goal directed behavior during a speech in current and remitted depression*. Poster presented at the 27<sup>th</sup> Annual Meeting of the Society for Research in Psychopathology, Oakland, CA
- Bylsma, L.M., Yaroslavsky, I., Jennings, J.R., Rottenberg, J., & Kovacs, M. (2013). Juvenile onset depression history alters autonomic balance in response to psychological and physical challenges. *Psychophysiology*, 50, S101-S101.
- Labouliere, C.D., Bylsma, L.M., Panaite, V., Salomon, K., & Rottenberg, J. (2013). Difficulties in emotion regulation and suicidality associated with abnormalities in resting RSA and task-related RSA changes. *Psychophysiology*, 50, S101-S101.
- Bylsma, L. M., White, K. E., Gougelet, R. J., Salomon, K. & Rottenberg, J., (October, 2012). *Attenuated cardiovascular reactivity in depression is mood-state dependent*. Poster presented at the Annual Meeting of the Society for Psychophysiological Research, New Orleans, LA.
- Panaite, V. & Rottenberg, J. (2012, May). *A critical analysis of cardiovascular recovery from stress as risk for adverse cardiovascular outcomes*. Poster presented at the Association for Psychological Science 24<sup>th</sup> Annual Convention, Chicago, IL.
- Panaite, V. & Rottenberg, J. (2012, January). *The utility of alexithymia facets: A test with crying behavior*. Poster presented at the 7<sup>th</sup> Annual Emotion Pre-Conference to the Annual Meeting of the Society for Personality and Social Psychology, San Diego, CA
- Bylsma, L.M. & Rottenberg, J. (October, 2010). Emotional reactivity and regulation in current and remitted depression: An event related potentials study. *Poster presentation at the Annual Meeting of the Society for Research in Psychopathology, Seattle, WA.*
- Bylsma, L. M. & Rottenberg, J. (September, 2009). *High Positive Affective Variability in Everyday Life Predicts Depression Remission*. Poster Presentation at the Annual Meeting of the Society for Research in

Psychopathology, Minneapolis, MN.

- Bylsma, L. M. & Rottenberg, J. (September, 2009). *An experience sampling study of crying behavior and affect in individuals with major and minor depression*. Paper presented at the Annual Conference of the International Society for Research on Emotion, Leuven, Belgium.
- Clift, A., Morris, B. H., Rottenberg, J., & Kovacs, M. (September, 2009). *Emotion-modulated startle in anxiety disorders is blunted by comorbid depressive episodes*. Poster presented at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Morris, B., H., & Rottenberg, J. (September, 2009). *Does stress reduce hedonic capacity among anxious individuals? An experimental study*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Brauer, L., & Rottenberg, J. (September, 2009). *Does the Meaning of a Goal Matter? The Relationship Between Goal Orientation and Cognitive Features of Depression*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Howard, A., Morris, B. H., Goldman M., & Rottenberg, J. (September, 2009). *Intentions to get drunk, but not drinking itself, predict depression symptoms among emerging adults*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Smith, B., Johnson S., & Rottenberg J. (September, 2009). *Emotional Reactivity in Bipolar Disorder: A Meta-Analytic Review*. Poster Presentation at the Annual Meeting of the Society for Research in Psychopathology, Minneapolis, MN.
- Gentzler, A. L., Rottenberg, J., Morey, J. N., Kovacs M. (2009, April). *Vagal tone in children at risk for depression*. Poster presented at the biennial meeting of the Society for Research in Child Development, Denver, Colorado.
- Bower, B., Bylsma, L. M., Morris, B.H., & Rottenberg, J. (2008, September) *The impact of sleep quality on daily affect in major and minor depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.
- Brauer, L., Smith, B., Kovacs, M., & Rottenberg, J. (2008, September). *Emotional reactivity in adults with childhood onset mood disorder: Does age of onset, sex or polarity matter?* Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.
- Bylsma, L. M., & Rottenberg, J., (2008, September). *Emotional reactivity to daily events in major and minor depression*. Poster presented at the annual meeting of

the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.

Clift, A., Drobles, D. J., Rottenberg, J. (2008, September). *Emotion modulated startle in major and minor depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.

Morris, B.H., Carter, A., Goldman, M., & Rottenberg, J. (2008, September). *Gender Differences in Risk for Depression Symptoms in Emerging Adulthood: The Role of Neuroticism and Parental Depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Pittsburgh, Pennsylvania.

Bylsma L.M., Karlsdottir, M., Rottenberg J., & Salomon, K. (2007, October). *Brief slow-breathing training and stability of resting and stressor task changes in RSA over one week*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Savannah, Georgia.

Brauer, L., Long, M. K., & Rottenberg, J. (2007, October). *Does depressed persons' overgeneral autobiographical memory generalize across memory tasks?* Poster presented at the annual meeting of the Society for Research in Psychopathology, Iowa City, Iowa.

Clift, A., Morris, B. H., Drobles, D. J., Rottenberg, J. (2007, October). *Emotion-modulated startle in major and minor depression*. Poster presented at the annual meeting of the Society for Research in Psychopathology, Iowa City, Iowa.

Karlsdottir M., Clift A., Rottenberg, J., Salomon, K. (2007, October). *Cardiovascularly healthy depressed persons exhibit attenuated cardiovascular reactivity to laboratory stressors*. Poster presented at the annual meeting of the Society for Psychophysiological Research, Savannah, Georgia.

Salomon, K., Rottenberg, J., Clift, A., & Bolden, S. (2007, March). *RSA in major depressive disorder: Sleep quality, physical activity and respiration account for deficits in RSA level but not deficits in RSA reactivity and rebound*. Poster presented at the annual meeting of the American Psychosomatic Society, Budapest, Hungary.

Wolvin, V., Bylsma, L.M., Vingerhoets, A. J. J. M., & Rottenberg, J., *Personality and post-crying catharsis*. (2007, October). Poster presented at the fourth international conference on "The (Non)Expression of Emotions in Health and Disease," Tilburg University, Tilburg, The Netherlands.

Bolden, S., Clift, A., Salomon, K., & Rottenberg, J. (2006, October). *Blunted RSA reactivity and recovery in major depressive disorder*. Poster presented at the annual meeting of the Society for Research in Psychopathology, San Diego, California.

Bylsma, L., & Rottenberg, J. (2006, October). *A meta-analysis of emotional*

*reactivity in major depressive disorder.* Poster presented at the annual meeting of the Society for Research in Psychopathology, San Diego, California.

- Clift, A., Gotlib, I. H., Gross, J. J., & Rottenberg, J. (2005, October). *Facial EMG reactivity to emotional stimuli and the severity and course of major depression.* Poster presented at the annual meeting of the Society for Research in Psychopathology, Coral Gables, Florida.
- Arney, M., Fresco, D.M., Rottenberg, J., Gotlib, I. H., & Gross, J. J. (2004, November). *Further psychometric refinement of depressive rumination: Support for the brooding and pondering factor solution in a diverse community sample with clinician-assessed psychopathology.* Poster presented at the annual meeting of the Association for the Advancement of Behavioral Therapy, New Orleans, Louisiana.
- Brozovich, F., Rottenberg, J., Joormann, J., & Gotlib, I. H. (2004, October). *Emotional intensity of sad memories predicts symptomatic recovery in major depressive disorder.* Poster at the annual meeting of the Society for Research in Psychopathology, St. Louis, Missouri.
- Chu, J.P., Gotlib, I. H., Rottenberg, J., & Gross, J.J. (2004, August). *Emotional differences in depressed and nondepressed Asian Americans and Whites.* Poster at the annual meeting of the American Psychological Association, Honolulu, Hawaii.
- Slavich, G. M., Rottenberg, J., Doyle, C. A., Monroe, S. M., Gross, J.J., & Gotlib, I. H. (2004, October). *Physiological correlates of severe life stress in clinical depression.* Poster at the annual meeting of the Society for Research in Psychopathology, St. Louis, Missouri.
- Rottenberg, J., Srivastava, S., Ray, R. D., Berkman, E., John, O. P., & Gross, J. J. (2003, February). *Rumination effects on depression and life satisfaction emerge three months after 9/11.* Poster presented at the annual meeting of the Society for Personality and Social Psychology, Los Angeles, California.
- Rottenberg, J., Schraedley, P. K., Traill, S. K., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2002, October). *The psychophysiology of sustained eye contact in mother-daughter dyads.* Poster presented at the annual meeting of the Society for Psychophysiological Research, Washington, D.C..
- Kasch, K. L., Rottenberg, J., & Gotlib, I. H. (2001, November). *Behavioral activation and inhibition systems and the severity and course of depression.* Poster presented at the annual meeting of the Society for Research in Psychopathology, Madison, Wisconsin.
- Najmi, S., Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2001, October). *Respiratory sinus arrhythmia in panic disorder: Evidence of task-*



*specificity and relation to clinical outcome.* Poster presented at the annual meeting of the Society for Psychophysiological Research, Montreal, Canada.

- Rottenberg, J., Topaz, M., & Gotlib, I. H. (2001, November). *The relation of rejection to nonverbal expressive behavior in depressed and nondepressed individuals.* Poster presented at the annual meeting of Society for Research in Psychopathology, Madison, Wisconsin.
- Rottenberg, J., Wilhelm, F. H., Gross, J. J., Biuckians, A., & Gotlib, I. H. (2001, October). *Low respiratory sinus arrhythmia as a marker of episodic major depression.* Poster presented at the annual meeting of the Society for Psychophysiological Research, Montreal, Canada.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., Najmi, S., & Gotlib, I. H. (2000, October). *Crying in depression.* Poster presented at the annual meeting of the Society for Psychophysiological Research, San Diego, California.
- Rottenberg, J., Gross, J. J., Wilhelm, F. H., Najmi, S., & Gotlib, I. H. (2000, October). *The psychophysiology of negative cognitive bias in depression.* Poster presented at the annual meeting of the Society for Psychophysiological Research, San Diego, California.
- Wilhelm, F. H., Rottenberg, J., Roth, W. T., Gotlib, I. H., & Gross, J. J. (2000, October). *Respiratory responses to emotional film viewing and paced breathing in panic disorder and major depressive disorder.* Poster presented at the International Society for Advancement of Respiratory Psychophysiology, San Diego, California.
- Rottenberg, J., Gross, J. J., Traill, S. K., & Gotlib, I. H. (1999, November). *Emotional reactivity in high- and low-bias depressed individuals.* Poster presented at the annual meeting of the Society for Research in Psychopathology, Montreal, Canada.
- Traill, S. K., Rottenberg, J., & Gotlib, I.H. (1999, November). *Information-processing biases in depression: An individual differences approach.* Poster presented at the annual meeting of the Society for Research in Psychopathology, Montreal, Canada.

*Media Coverage The Depths: The Evolutionary Origins of the Depression Epidemic*

Excerpted on *Salon*; Reviewed in *Nature*; *The Week*; *Philadelphia Inquirer*; *The Economist*, *Times Higher Education*, *The New York Times*, *The Daily Beast*, *Tampa Bay Times*, *Brain Pickings*, *PsychCentral*, *Rewireme.com*, *Science Based Medicine*, *Open Letters Monthly*, *Kirkus Reviews*, *Publishers Weekly*, *Booklist*; Radio Interviews on Wisconsin Public Radio; Irish National Radio; WAMC; KPCW; Amy Alkon- Advice Goddess Radio, The Conquer Worry Show, The

One You Feed, The Dr. Alvin Show, WLRN, KERA, Jefferson Public Radio, The Judith Regan Show, WUSF, WHY Y – The Pulse, The Peter Breggin Radio Hour; Steven Spierer Show, TV – *Daytime*

#### *Other Media coverage*

“Talk less, listen more to be a friend with depression, *Wall Street Journal*, August 26, 2014.

“Advocates hope Robin Williams' death will spur discussion.” *USA Today*, August 12, 2014.

Wisconsin Public Radio, *Central Time*, 2013.

“The crying game,” interviewed on *BBC Radio 4*, February 22, 2013

“Post-Prozac nation: The science and history of treating depression,” *New York Times*, April 22, 2012.

“What's a 'Good Cry'?” *The Wall Street Journal*, July 15, 2011

“Study: Crying Won't Make You Feel Better,” *Time*, August 1, 2011

“Big boys don't cry, do they?” *New York Times*, December 20, 2010.

“Think crying is cathartic. Not always,” *Scientific American*, June 30, 2009.

“The muddled tracks of all those tears,” *New York Times*, February 3, 2009.

“It's ok to cry—possibly even beneficial,” abcnews.com, December 24, 2008

“Why a sob fest makes you feel better—or worse,” msnbc.com, December, 23, 2008.

Interviewed on *All in the Mind*, BBC 4 Radio, December 16, 2008.

“Heart Rate Variability in Depression,” *University Beat*, WUSF, May, 2005.

“Depressed people don't cry more than usual.” *Reuters News Service*, May 22, 2002.

“All cried out: Major depression puts lid on tears.” *Science News*, May 4, 2002.

#### *Editorial boards*

Associate Editor, *Cognition and Emotion* (2011-).

Consulting Editor, *Journal of Abnormal Psychology* (2008-).

#### *Journal reviewing (past 10 years)*

Archives of General Psychiatry (2005-); Behaviour Research and Therapy (2006); Behavior Therapy (2006); Biological Psychology (2007-); Biological Psychiatry (2009-); Consciousness and Cognition (2005-); Cognition and Emotion (2005-); Cognitive Therapy and Research (2007-); Current Directions in Psychological Science (2010-); Emotion (2004-); International Journal of Psychophysiology (2005-); Journal of Abnormal Psychology (2004-); Journal of Affective Disorders (2005-); Journal of Nervous and Mental Disease (2007-); Journal of Personality (2007-); Journal of Psychophysiology (2009-); Journal of Social and Clinical Psychology (2008-); Journal of Psychosomatic Research (2007-); Personality and Individual Differences (2008-); Perspectives on Psychological Science (2012-2013); Psychology of Aging (2006-); Psychological Science (2009-); Psychological Clinical Science (2012-); Psychophysiology (2006-); Psychosomatic Medicine (2007-).

*Book reviewing*

Guilford Press (2014).  
McGraw Hill Publishing (2007).  
Palgrave Macmillan Books (2005).  
Prentice-Hall Publishing (2004).  
Routledge Books (2011).  
Yale University Press (2004).

*Grant reviewing*

Institute for Mental Health Research (2005).  
National Science Foundation, Social Psychology Program (2005).  
Netherlands Organisation for Scientific Research, Social Sciences (2006).  
U.S. Civilian Research & Development Foundation, Cooperative Grants Program (2006).  
Social Sciences and Humanities Research Council of Canada (2010).  
Hunter College SCORE program (2011 and 2013).  
National Institutes of Health, Child Psychopathology and Developmental Disabilities Study Section, Temporary Member (2011) ;  
National Institute of Mental Health Special Emphasis Panel, ZMH1 ERB-I 01 S, Harnessing Advanced Health Technologies to Drive Mental Health Improvement (2012).

*Service in professional organizations*

Program Committee, Society for Research in Psychopathology (2008; 2009).  
Sustained Membership Award Committee, Society for Research in Psychopathology (2011).

*Tenure Reviews*

University of Maine (2013).  
Wake Forest University (2015).  
Columbia University Teacher's College (2016).

*Thesis and dissertation committees at the University of South Florida (\*indicates chair)*

Undergraduate Honors Thesis Committees

Scott Banks (2009).  
\*Bethanne Bower (2008).  
William McKibbin (2003).  
\*Aisha Howard (2010).  
\*Megan Howard (2013).  
\*Kathy Long (2005).  
Donna Smith (2008).  
Alana Whittington (2015).  
\*Vanessa Wolvin (2007).

## Master's Thesis Committees

Ross Avila (2009).  
\*Ena Begovic (2014-).  
Bryan Benitez (2016-).  
Meredith Bozzay (2014-).  
\*Lindsay Brauer (2009).  
\*Lauren Bylsma (2008).  
London Butterfield (2008).  
Kari Bruursema (2004).  
Cathy Bykowski (2008).  
Paula Chapman (2014-).  
\*April Clift (2008).  
Andrea Elibero (2008).  
Joshua Halonen (2009).  
Bryan Heckman (2010).  
Mardis Karlsdottir (2010).  
Melissa Lehman (2008).  
Christa Labouliere (2009).  
Erika Litvin (2007).  
Jessie Menzel (2010).  
Nicole Marquinez (2013).  
\*Beth Morris (2009).  
\*Kimberly O'Leary (2016).  
Pete Otovic (2007).  
\*Vanessa Panaite (2011).  
John Ray (2010).  
\*Sun Yoon (2016-)\*

## Dissertation Committees

Qutayba Abdullatif (2006).  
Nicole Bekman (2008).  
Kari Bruursema (2007).  
\*Lindsay Brauer (2011).  
\*Lauren Bylsma (2011).  
\*April Clift (2010).  
\*Alexandra Cowden Hindash (2015-).  
Nadav Goldschmied (2007).  
Kelli-Lee Hartford (2007).  
Sylvia Herbozo (2007).  
Susan Himes (2009).  
Alvin Jin (2015).  
Michelle Kovacs (2016).  
Michelle LeVasseur (2007).  
Erika Litvin (2011).  
\*Bethany Morris (2014).

\*Vanessa Panaite (2013-).  
 Johannes Rank (2006).  
 Elizabeth Rojas (2014-).  
 Lauren Schaefer (2016).  
 Stephanie Sperry (2010).  
 Patricia Van Den Berg (2005).  
 Shannon Webb (2005).  
 Yuko Yamamiya (2007).  
 Tovah Yanovar (2008).

#### External Dissertation Committee Memberships

Michelle Hendriks, Ph.D. Thesis, Tilburg University, The Netherlands (2005).  
 Ros Lethbridge, Ph.D. Thesis, University of Melbourne, Australia (2005).  
 Peter Koval, Ph.D. Thesis, University of Leuven, Belgium (2014).  
 Paige Stimpson, Ph.D. Thesis, Latrobe University, Australia (2009).

#### *Area, Department, and University Service at USF*

Chair, Psychology Department Alumni Committee (2012-2013).  
 Chair, Search Committee, Senior Faculty Search, Clinical Area (2012-2013).  
 Chair, Search Committee, Junior Faculty Searches, Clinical Area (2013-2014).  
 Chair, Psychology Department Tenure and Promotion Committee (2015).  
 Member, Psychology Department Tenure and Promotion Committee (2016).  
 Member, Psychology Department, Executive Committee (2013-2015, 2016-2017).  
 Member, Psychology Department, Space Committee (2014-).  
 Clinical Admissions Reviewer (2003-).  
 Chair, Admissions, Clinical Area (2007-2010); Vice-Chair, Admissions, Clinical Area (2012-2014).  
 Member, Clinical Training Committee (2015-).  
 Psychology Departmental Participant Pool Committee (2008- 2010).  
 Psychology Departmental Strategic Planning Committee (2008-2010).  
 Committee on Student Admissions, College of Arts and Sciences (2007-2010).  
 Graduate Program Committee, College of Arts and Sciences (2016-),  
 Chair, Psychology Departmental Advisory Committee to Florida Mental Health Institute, Junior Faculty Search (2009).  
 Psychology Departmental Colloquium Committee (2004-2007).  
 Member, Search Committee, Junior Faculty in Social Psychology (2005).  
 Clinical Brown Bag Faculty Coordinator (2005-2007).  
 Member, Clinical Area Curriculum Review Committee (2005-2006).

## **Teaching**

### *Graduate*

Mood Disorders (Fall 2005, 2007, 2009)  
 Adult Psychopathology (Fall 2004-2006).

Psychopathology and its Development (Fall 2007-2009, 2011, 2013, 2015, 2016).  
Emotion and Its Disorders (Fall 2003, 2006, 2008, 2011, 2015, 2016).  
Introduction to Clinical Psychology (2014).

*Undergraduate*

Mood Disorders (2014, 2015); Abnormal Psychology (USF: Spring 2004-2009; 2011, 2012, 2015, Fall 2014); Stanford University: Summer 1990, Summer 2000).

*Teaching Interests*

Abnormal Psychology  
Depression  
Emotion: Theory and Research  
Introductory Psychology

Psychophysiology  
Emotion and Psychopathology  
Social Psychology  
Theories of Personality