

Direct from the DCT



Vicky and some current graduate students

Greetings from USF! Welcome to the new and improved “Clinical Alumni Newsletter” (which I so un-creatively named in 2002). We have decided to re-vamp the newsletter and hopefully make it relevant to alumni and current students as well, so we started out by having a “Name the Newsletter” contest in the department. Current clinical students, faculty, and supervisors suggested and then voted on 38 entries (wow—what a creative bunch!) and came up with this great name: Clinically Significant!

For you old-timers, you may also notice a decidedly more professional look to the newsletter. When I began the newsletters in 2002, and then again in 2003, and 2004, I wrote them in WordPerfect (still my preferred native language—speaking of old timers!) and sent them out in hard copies. By 2006, I had graduated to creating the newsletter in WordPerfect, then converting it to Word, and sending it out electronically via e-mail. In 2009/2010, I collected alumni entries, had a blast catching up with old friends, and then never created a newsletter (sorry!). So, now I have a team of terrific graduate students helping with the newsletter (thanks Michelle Kovacs, Robin Tan, John Correa, and Morgan Lee!), hence the fancy-schmancy new look. But please don't tell the graduate students that I wrote the first draft of this welcome note in WordPerfect. They would be utterly embarrassed.

Anyway, sit back and enjoy a walk down memory lane. Over 90 alumni have provided updates. Thanks for your great response! In addition to the updates, we have also added a few newsy items, like a close up look at the clinic, a big welcome to the incoming students (our Baby Bulls), a wave goodbye to our terrific students heading off to internship, and a thumbs up to the soon-to-be alumni who just landed some great post-docs. Sunrise/sunset, eh?! They come in with bright eyes and bushy tails and they leave with brighter eyes and bushier tails. Applause, applause, and sniff, sniff.

In future newsletters, we hope to highlight some of the students' research activities (we have had over seven years straight of 100% of students graduating with at least one publication and one presentation, but often many more). We also hope to share information on current topics in the field such as ways to learn about evidence-based practices and our thoughts on the proposed changes in *DSM-V*. If you have other suggested topics for the next newsletter, please let me know (phares@usf.edu). And yes, of course, I would be happy to write a 500 word essay on how terrific my kids and grandbaby are. But I'll write it in WordPerfect whether you like it or not.

Vicky Phares, Director of Clinical Training

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Updates from the Clinic

Back in the day when the USF Psychological Services Center (“The Clinic”) was in the bowel-like basement of SOC and then later in the center of BEH, the settings were not exactly conducive to a professional atmosphere. When I arrived at USF in 1992, I knew a number of clinical students who had to peak their head out of a BEH therapy room and ask then-chair, Dr. Lou Penner, to stop shouting so that clients could continue their relaxation training session!

Well, times have changed and boy how the clinic has changed! Now located on the first floor of the PCD building, the clinic was state-of-the-art when we moved into it in 2001 and it remains a phenomenal facility. With it’s own separate entrance and waiting room, the clinic now has gads of space for conducting evidence-based therapy and assessments, as well as for holding supervision meetings. Of course, the students’ favorite spot is the “Bull Pen” where they write their reports, gaze at the class photos of incoming students since 1990, and empty the candy dish regularly (especially when there is chocolate!).

Just as it has always been, the administration of the clinic continues to remain strong. Dr. Maria dePerczel Goodwin retired as Clinic Director in December of 2010 (lucky duck!) and since that time, Dr. Jack Darkes (entering class of 1988) has served as Clinic Director. The clinic team runs an active and professional clinic, where the training needs of the students and the clinical needs of the clients are met to the best of our collective abilities.

We have a terrific line up of faculty and adjunct supervisors (three of whom are alumni, and you know who you are Dr. Monica Epstein, Dr. Holly Steele, and Dr. Katurah Jenkins-Hall; entering classes of 1998, 1985, and 1978, respectively). Students provide assessment services to children and adults (mostly for learning disorders, ADHD, and neuropsychological difficulties) as well as therapy services to children, adolescents, and adults (mostly for depression, PTSD, substance abuse, and eating disorders).

Just like back in the day, we continue to serve impoverished clients from the Tampa Bay community. Dr. Jack Darkes notes that “Our clinic provides services to a wide range of people who might otherwise be unable to afford to receive services... Many have been impacted by our struggling economy.” Although our sliding scale goes up to \$50/hour (woo hoo!), the most common payment from our clients is \$10/hour. Thus, client fees alone are not enough to maintain and improve our clinic. According to Dr. Darkes, “Our biggest need right now is to bring our record-keeping and A/V resources into the 21st century. We have a wonderful space and excellent staff and therapists, but we need to modernize our technology to adequately support our mission into the future.” Overall, we do a lot with our limited budget and we are able to fill a service-gap in the community whereby needy individuals, couples, and families can access high-quality, low cost services.

The clinic is just one of our many excellent training sites, but hopefully it brings back fond memories for alumni near and far. If you’re ever in Tampa and want a tour of the clinic, let us know. We are really proud of this facility and we are happy to show it off. But give us some warning before you visit so that we can refill the Bull Pen candy dish with chocolate!



Current graduate students in the Bullpen



Clinic Director Jack Darkes and Clinic Staff John Ray and Tatyana Truax

Welcome to our Baby Bulls (Entering Class of 2012)!!

<u>Name</u>	<u>Advisor</u>	<u>Undergraduate Institution</u>
Leah Boepple	Thompson	University of Michigan
Esther Davila	Phares	University of South Florida
Emily Kellogg	Cimino	SUNY College at Oneonta
Andrew Kiselica	Bornovalova	The College of New Jersey
Troy Webber	Bornovalova	Michigan State University
Monica Wu	Phares/Storch	University of California Los Angeles
Quinn Yowell	Goldman	University of California Berkeley

Congratulations to our Internship Class of 2012/2013!!

Yasmin Asvat	University of Chicago Medical Center
Ty Brumback	Boston Consortium in Clinical Psychology
Meredith Elzy	James A Haley Veterans Hospital (Tampa)
Brian Gonzalez	VA Medical Center, Miami
Ross Krawczyk	James A Haley Veterans Hospital (Tampa)
Christa Labouliere	Berea Children's Home and Family Services (Ohio)
Jessie Menzel	University of California, San Diego Health Sciences Center
Kristi White	VA Illiana Health Care System (Illinois)

Congratulations to our soon-to-be-alumni and new Post-Doctoral Fellows of 2012/2013!!

Molly Below	Boston Consortium in Clinical Psychology
Mike Boroughs	Massachusetts General Hospital/Harvard Medical School
Lindsey Brauer	Northwestern Memorial Hospital
London Butterfield	VA Puget Sound in Seattle
Lauren Bylsma	University of Pittsburgh/Western Psychiatric Institute and Clinic
April Clift	Rush University Medical School

With thanks to Q Abdullatif (entering class of 2001), the USF Psychology Department is now on Facebook:

USF Grad Psych
Join our group now!

Family Focus

These current graduate students are doing it all— they are full-time students and full-time parents of some awesome kiddos.

Molly Below
Ty Brumback
Meredith Elzy
Brian Gonzalez
Beth Morris
John Ray
Heather Smith- Schrandt
Kristi White



Summer, 2011 Clinical Graduates



Congratulations to us! In 2010, we were re-accredited by APA for the full 7 years and in 2011 we were accredited by the elite new Psychological Clinical Science Accreditation System (PCSAS) for the full 10 years. USF clinical rocks!



Sneak Peak

If you can't wait until the next newsletter to find out more about evidence-based practices, eager beavers can take a look at the following websites for adult therapy and child therapy, respectively:

<http://www.div12.org/PsychologicalTreatments/index.html>

<http://www.effectivechildtherapy.com/sccap>

Please note: Alumni Updates are deleted from this version of our newsletter to preserve confidentiality

Updates from Current and Past Faculty, Mentors, Co-Mentors, and Supervisors

Marina Bornovalova, Ph.D.
bornovalova@usf.edu

Tom Brandon, Ph.D.
Thomas.brandon@moffitt.org
I had a career shift in January. I was appointed as chair of the Department of Health Outcomes and Behavior at Moffitt Cancer Center. This required that I move my formal appointment from USF to Moffitt. However, I hope to continue to be fully involved with the Clinical Psychology Training Program at USF. (Assuming I survive teaching my daughter to drive!) On the research side of things, our large clinical trial aimed to prevent smoking relapse among new mothers recently revealed that our "Forever Free for Baby and Me" intervention was highly effective among low-income women. That paper should be coming out real soon in *American Journal of Public Health*.

Cindy Cimino, Ph.D.
cimino@usf.edu

Jack Darkes, Ph.D.
darkes@usf.edu

Dave Drobos, Ph.D.
David.Drobos@moffitt.org

Ellis Gesten, Ph.D.
gesten@usf.edu
I am doing well and contemplating life after USF in 2014. It will be difficult to say goodbye to a place and so many people, both here and long graduated that have meant so very much to me. Not yet ready to be retired, so plan is to find another challenge, and keep working. Not sure where the time and years have gone, so message is to pay close attention each day! I hope you and your families are healthy and thriving!

Mark Goldman, Ph.D.
mgoldman@usf.edu
I am now a grandfather of twin girls and one boy, and I am this year's president of the Research Society on Alcoholism.

Maria dePerczel Goodwin, Ph.D.
mgoodwin@usf.edu
I am continuing to enjoy my retirement, especially with the arrival of our 5th grandchild, Cassandra Avery, born on 4/14. We stay busy with the usual--gardening, sailing, house renovations, traveling, and training our year-old golden retriever. I miss everyone from Psychology and hope that all is well with each of you. Please visit us in Apollo Beach anytime!

Paul Jacobsen, Ph.D.
paul.jacobsen@moffitt.org
My role in the program recently switched from regular faculty status to courtesy faculty status. I made this change in order to take a senior leadership role at Moffitt Cancer Center as the Associate Center Director for Population Science. In addition to my administrative duties, I continue to mentor graduate students and conduct behavioral oncology research.

Marc Karver, Ph.D.
mkarver@usf.edu
Let's see – I'm keeping busy with suicide prevention projects while still continuing treatment process research. Outside of work I'm just following along in surprise at 7 year old Kirin's rising track stardom – qualifying for the Junior Olympics is looking very likely!!!

Bill Kinder, Ph.D. (Emeritus)
bkinder@usf.edu

Good news!! I became a grand-dad in October. Certainly changes one's life and perspective. At two days, she had more hair than her grand-pops (surprise!) Still working several days a week, but my health is limiting this some. Am playing in two great new bands, one a big band (jazz band) and the other a 60 piece concert band. Both play really hard stuff so I am having to work hard just to keep up. Carole and the kids are doing great. My best to all of you and keep in touch.

Brook McClintic Griese, Ph.D.
brook@judishouse.org

Brian and I have been back in Denver for the past three years and we are so happy to finally be living in our forever home and putting down roots in our community. Annalia (6 years) and Nathan (3 years) love it here, too. Judi's House, the nonprofit bereavement center for children and families we founded 10 years ago, is thriving and continues to grow. I am working full time developing and overseeing our programs and research initiative, with a focus on integrating research, practice and community to increase access to effective, trauma- and grief-informed care through the development of a Comprehensive Grief Care Network.

Vicky Phares, Ph.D.
phares@usf.edu

I'm still working on research related to fathers and families and am in the midst of revising a co-authored book called *Introduction to Clinical Psychology*. On the family front, Nikki switched from the nonprofit world to work as a financial planner (so let me know if you need help with your retirement plans), Kelly is opening her own law practice in Tampa (so let me know if you need help with your trademark plans), and Carson is doing what any 12 year old son of a peace-loving, hippy mom should do (so let me know if you want to play X-Box 360 and kill zombies while wearing camo and polishing your nerf guns). Grandbaby, Callie, will be 3 in August and when asked if she is an adult or a child, she responds "I a princess." Life is good.

Jon Rottenberg, Ph.D.
rottenberg@usf.edu

I ran and completed my second marathon in LA in March. Finished data on our big "Hungary" grant on childhood-onset depression and this spring also finished writing what is intended to be popular science book on depression -- check your local airport book store in about 12 months.

Bill Sacco, Ph.D.
sacco@usf.edu

I am in DROP and will be retiring after two more academic years. I am playing basketball regularly, still managing to keep up with the high school kids.

Updates from Current and Past Faculty, Mentors, Co-Mentors, and Supervisors

Charlie Spielberger, Ph.D. (Emeritus)
spielber@usf.edu

Trevor Stokes, Ph.D.
Stokestf@jmu.edu

I continue my work in the James Madison University clinics, and in schools and homes, examining therapeutic interactions between parents, teachers and children with ADHD, ODD, and autism.

Eric Storch, Ph.D.
estorch@health.usf.edu

Kevin Thompson, Ph.D.
jkthompson@usf.edu

Jared (16) just got his driver's license (my rates went up 150%, oy vey). Carly is 13, playing competitive soccer, viola in school orchestra and taking drama (she loves One Direction, and of course, so do I). Veronica left the VA and is now in a practice with 8-10 local neurologists. We added a rescue beagle, Grover, to the family (he's the spitting image of Jeff Bridges in The Big Lebowski). Me, I'm getting older and fatter, very sad.



Kevin Thompson

Clinical Alumni Award for Citizenship

As you may recall (and with the help of the alumni!!), we developed the Clinical Alumni Award for Citizenship in 2004 to honor a current graduate student who has shown superior "citizenship" behaviors in graduate school during the previous year. The term "citizenship" is borrowed from the I/O literature and it refers to someone who goes above and beyond the call of duty to help benefit others in the area/department.

Each year, we solicit nominations from clinical faculty, staff, and students, and then the clinical faculty review the nominations and decide who receives the award. The winner receives a \$50 honorarium and his/her name is placed on a plaque in the Psychology Department. Plus they get congratulatory hugs, high-fives, and fist-bumps for at least a month.

Previous Winners of the Clinical Alumni Award for Citizenship

2005: Demy Kamboukos and Elena Lopez

2006: Qutayba "Q" Abdullatif

2007: Susan Himes

2008: London Butterfield, Ty Brumback, and John Ray

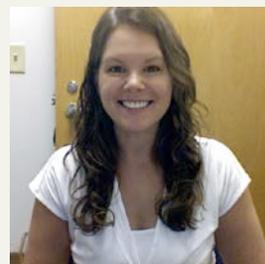
2009: Lindsay Brauer

2010: Christa Labouliere and Ariz Rojas

2011: Jason Chen

2012: Yasmin Asvat and Kristi White

What an awesome group of students and alumni! Thanks to everyone who supports the program while you're here and while you've moved on to change the world.



2012 Clinical Alumni Award for Citizenship Winners: Yasmin Asvat and Kristi White

Giving Back

Like so many other state universities, USF has had horrific budget cuts over the past few years. We continue to run an awesome clinical training program, but we sure could use your help to keep the program strong--plus you get tax benefits since we are a 501 (c) 3 non-profit charitable organization. Here are a few things on our wish list:

Clinical Alumni Award for Citizenship For every \$50 you donate, you will ensure that another worthy and helpful student will have access to this honorable award.

Clinical Services For every \$100 you donate, we can offer 10 pro bono sessions to a client in need.

Student Conference Travel Students all receive \$250 for conference travel each year, which gets them about as far as Orlando, so additional donations of \$250 can help students travel to national and international conferences.

Clinical Research Students often pay out-of-pocket to conduct their thesis/dissertation research and the clinic is in desperate need of a research infrastructure, so a \$500 donation could help facilitate the clinical research that is so vital to our program and to our field.

Clinic AV System We are still in the dark ages with VCRs--yes, VCRs!! in the clinic for videotaping sessions. To bring the clinic into the 21st century, we are looking at over \$100K in upgrades. But we can limp along with \$1,000 donations to help enhance the current system, one room at a time, and to move to a fully digital system in the near future.

Credit Cards

Happily, it's easy to give back with just the click of a button and a sturdy credit card. Please click on this link or paste it into your browser:

<https://advinternal.fastmail.usf.edu/Tickets/Giving/default.aspx?fund=421210&a=DEPT>

Please feel free to denote how you wish your donation to be used in the "This gift is made in honor of" section and we will do our best to put your generous donation to good use.

Checks

If you would prefer to send a check (because you're an old-timer like me), then please make the check out to: **USF FOUNDATION** and send it to:

Vicky Phares, Ph.D.
University of South Florida
Department of Psychology
4202 E. Fowler Avenue, PCD 4118G
Tampa, FL 33620

Giving Back

Note also that “named” opportunities are available at the \$5,000 donation level (for a program fund that continues until the money runs out) and at the \$25,000 level (for an endowed fund that lives in perpetuity and is funded from interest on the principle of the endowment). If these options are of interest, you can let me know (phares@usf.edu; 813-974-0493) or you can contact our development person directly: Jennifer Moore (moorej@usf.edu; 813-974-8478).

With a daughter who is a financial planner, I should also mention that you can consider the USF Clinical Psychology Doctoral Program for a bequest in your will if you ever happen to leave this earth.

Whether or not you give back to us or if you choose to support other worthy non-profits, I am glad that we’ve had this chance to re-connect. I am so very fond of all of you—those who I have known over the past 20 years, and those who I have only “known” through e-mail and snail-mail communications. I wish you the best that life has to offer—both professionally and personally. Now, as always, I wish you peace.

Vicky

Want to do good while searching, shopping, and dining? Consider signing up for GoodSearch, GoodShop, and GoodDining and support “**USF Clinical**”. Search, shop, and dine to your heart’s content and a portion of your money will be donated to the USF Clinical Psychology program!

<http://www.goodsearch.com/>